

# Carnoustie Farm Shop



## Soup in the Bag (serves 4) £2.90

Artichoke  
Asparagus  
Balsamic Red Onion  
Broccoli  
Broccoli Kale & Leek  
Beetroot & Apple  
Beetroot & Red Pepper  
Beetroot Lime & Coconut  
Butternut Squash  
Butternut Squash & Carrot  
Caribbean Sweet Potato & Coconut  
Carrot & Coriander  
Carrot & Lentil  
Carrot Lentil Cumin & Ginger  
Cauliflower Kale & Dill  
Cauliflower & Roast Pepper  
Cauliflower & Wholegrain Mustard  
Celeriac & Apple  
Chunky Beetroot  
Courgette & Brazil Nut  
Courgette & Pear  
Curried Roast Parsnip  
Italian Butter Bean & Kale  
Jamaican Red Bean  
Jalapeno & Cheddar  
Kale & Pea  
Leek Parsnip & Ginger  
Mexican Bean Chili & Tomato  
Moroccan Sweet Potato & Chick Pea  
Mushroom & Brie  
Mushroom and Tarragon  
Parsnip Leek & Apple  
Peruvian Sweetcorn  
Peruvian Quinoa  
Pearl Barley Broth  
Potato & Herb  
Potato & Leek  
Roast Butternut & Garlic  
Roast Carrot Smoked Paprika & Caraway  
Roast Green Pepper  
Sprout and Brie

Spiced Winter Vegetable  
Sweet Potato and Celeriac  
Sweet Potato & Red Pepper  
Sweet Potato & Sweetcorn  
Sweet Potato & Kale  
Sweet Potato Leek and Pea  
Smokey Farmhouse  
Spring Onion  
Sweetcorn & Potato Chowder  
Thai Sweet Potato & Coconut £3.20  
Tomato & Basil  
Wild Rocket  
Wild Mushroom  
Vegetable Soup

Please note that not all the soups might be available due to stock availability so please pre order.

To avoid waiting time please pre-order.

## Smoothie in the bag (serves 3x200ml) £3.50

(pre-order only)

Mango Passion Fruit & Coconut  
Red Grape Blueberry Raspberry & Coconut  
Melon Banana Lime & Coconut

## Juice in the Bag (serves 4x200ml)

(pre-order only, juicer required)

Carrot & Apple  
Carrot Apple & Ginger  
Broccoli Carrot Apple & Cucumber  
Beetroot Orange & Kale  
Fiery Tomato Juice

**IF YOU HAVE ANY ALLERGIES OR INTOLERANCE  
TO ANY INGREDIENTS LET US KNOW**

